

THE SUDBURY TOWN CRIER

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Bootcamp fundraiser a 'huge' success

\$15K raised at Oct. 4 event

By **Bonnie Morrissey**
SPECIAL TO THE TOWN CRIER

Bonnie's Bootcamp for A Cause on Sunday, Oct. 4, at 8 a.m. at Haskell Field in Sudbury was a huge success. Over 100 people showed up to support ovarian cancer research. This workout fundraiser was in memory of my mom, Marlene Kittredge, who passed away in November 2008 from ovarian cancer. All donations went directly into the hands of my mom's Dr. Dr. Franco Muggia, the Director of Oncology at New York University, to further his research of this disease. \$15,000 was raised for Dr. Muggia's Research Fund...quite an accomplishment for the first year!

The bootcamp workout was high energy and the field was packed. the DJ, Kevin Dottin, from Murray Hill Talent Agency in Boston, donated his time to this cause spinning amazing music that really kept the crowd going.

Whole Foods Wayland was at the event and so generously donated healthy antioxidant foods for bootcampers to have, including bananas, apples, grapes, granola, and protein bars.

OWater and NRG-Bar also sponsored the event. Thunder Sports in Sudbury was there as well. Sign-A-Rama in Marlborough was a major sponsor of the event.

Prizes were raffled off, including the grand prize of a 3-nite stay in St.Lucia (meals included!) at Jade Mountain Resort. 20 other prizes included: Red Sox



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Gary Schnlerow, Wendy Schnlerow (Bonnie's sister from New York City), George Kittredge, her father from Longmeadow and Boca Raton, Fla., Bonnie Morrissey and Scott Morrissey.

tickets, jewelry, massage, sesame street gift baskets, workout gear, BJ' gift card, TJMaxx gift cards, etc...

The event was just incredible. It was absolutely amazing to see all of these people on the field in support of me and my efforts to raise money for ovarian cancer research in memory of my mom.

At times. I was just so overwhelmed. I had to take a deep breath.

I had so much fun at the event and already people are asking me to choose a date for next year so they can save the date! It really was a great time, with lots of positive energy and smiles...it was so powerful for me to be surrounded by so

much love from friends, family, and people I didn't even know. People gave so generously. I just can't believe my little bootcamp workout raised \$15,000!

I know my mom was looking down on me. Ironically, unlike me, she didn't really love to exercise, and she always

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COURTESY PHOTO

Bonnie Morrissey prepares to announce the winners of raffle prizes.

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wondered how I could like it so much! When I saw the sun shining on Sunday, I knew she was with me...she's always with me.

In a few weeks, I plan to head to New York City to hand deliver the money to Dr. Muggia.

I want him to know how thankful I am to him for keeping my mom alive for as long as he did. Because of Dr. Muggia, my mom lived to see my twins who were born in June 2008. For that, I am forever grateful to him. He is a renowned ovarian cancer researcher...I am confident he will find a cure someday.

Thanks to all of my generous

sponsors for making this event happen. Thank you for supporting a cause that I am so passionate about. And thank you to everyone who donated so generously and who came to Haskell Field on Sunday to get a good workout...or just watch...I am truly appreciative.

Bonnie Morrissey is the president of Bonnie's Bootcamp, a fitness program that currently runs in Sudbury and Wayland. To learn more about Bonnie and Bonnies Bootcamp, visit www.bonniesbootcamp.com Contact Bonnie at bonnie@bonniesbootcamp.com or 617.699.8488



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Scott Morrissey, Bonnie's husband, and Max Morrissey, age 1.